



SURREY  
COUNTY COUNCIL

# CORONAVIRUS

5 things you can do to help yourself and your community



Keep up to date on official guidance at [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus)



**Share information from trusted sources only** - don't spread rumour and misinformation



**Stay sensible** - wash hands regularly and keep physical contact at a minimum



**Do you need help?  
Can you help others?**



**Stay in touch and keep your mind healthy**

Find the latest local information at [www.surreycc.gov.uk/coronavirus](http://www.surreycc.gov.uk/coronavirus)

CORONAVIRUS

**PROTECT  
YOURSELF  
& OTHERS**